

Christopher Smith



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Faster *IS* better: ‘Not your average round of golf’ for fun and charity

Spokane, WA – July 16, 2008 – “Just hit it” is the mantra of world-class speed golfer Christopher Smith. It’s what *he* does – and recommends for all avid golfers hoping to improve their game. Smith, who once shot 65 on a regulation 18-hole golf course in 44 minutes carrying only six clubs, advocates playing faster to play better. Skeptical? Come out and see Smith in action – fast action – at the Rosauers Open Invitational at Indian Canyon Golf Course in Spokane.

As part of the festivities at the Rosauers event, Smith will play a round of golf in under an hour, taking far less than the average golfer’s 100 strokes. While typical rounds of golf take about four hours to play, Smith knows that limiting time on the links by picking up the pace actually helps golfers play more intuitively and less consciously, which leads to better performance. “Allowing your instincts to guide play enables you stay out of your own way and focus on what is truly important in golf: advancing that ball from point A to point B,” quips Smith. And that’s just what he does, consistently.

Smith’s speed golf demo will take place before the Pro-Am kicks off on Wednesday, July 16. To add to the fun, for every minute under four hours (240 minutes) Smith plays that morning, Nike Golf will donate one golf ball to the Vanessa Behan Crisis Nursery. And for every stroke under the average golfer’s 100, Nike Golf will add a club, hat, towel, or duffel bag.

Now in its 21st year, the Rosauers Open Invitational has become one of the Pacific Northwest Section’s favorite events. The Open Invitational has (in the last 20 years) generated almost \$1.58 million for the Vanessa Behan Crisis Nursery, Spokane’s safe haven for children at risk of abuse and neglect. The Nursery also provides counseling, education, and referrals for parents of young children. Once again, the Nursery will benefit from the Invitational and auction, which hope to raise over \$100,000, as last year’s event did.

Even though Smith’s play is not your average round of golf, he hopes golf enthusiasts enjoy the

exhibition, *and* will be encouraged to speed up their own play.

Fun. Fast. Furious. Speed golf. Check it out!

Additional Information:

Christopher Smith is an Oregon Chapter and Pacific Northwest Section PGA Teacher of the Year, and was nominated in 2006 by Golf Magazine as one of the top 100 instructors in America. This world-class speed golfer, currently teaching at Pumpkin Ridge Golf Club near Portland, Oregon, offers his knowledge and expertise on learning and playing better, faster golf, in an accessible guide golf enthusiasts will enjoy.

I've Got 99 Swing Thoughts But "Hit the Ball" Ain't One: Pick Up the Pace to Pick Up Your Game

By Christopher Smith and Steve Eubanks

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Rosauers Open Invitational

Indian Canyon Golf Course

Spokane, Washington

Pro-Am: July 16 and 17

Championship: July 18 through 20

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