

MSNBC: “Can’t Miss”

by Michael Ventre

When I used to play golf — before I snapped all my clubs over my knee and flung them into the lake — I remember what it was like to address the ball. You stand there, you think to yourself, “O.K., elbow straight. Don’t dip the shoulder too much. Body turn. Keep your eye on the ball. What is that guy looking at? Is he laughing at me? I’m hungry. I wish this were over.” The problem with me, and most golfers, is too much thinking. Speed golfer Christopher Smith, along with Steve Eubanks, feels the same way. That’s why they wrote, “I’ve Got 99 Swing Thoughts but ‘Hit The Ball’ Ain’t One.”

It’s the perfect gift for that golf nut in your family who has become a basket case because of way too much self-analysis and second-guessing. Golfers don’t need doubt. They need assurance, which these authors feel can only be achieved by giving the brain a rest and letting the body perform intuitively. Hmmm. Maybe I can still find those clubs and solder them back together. (Crown Publishing)

